

 **KROSFIT™**



PRODUCT
CATALOGUE

FITNESS



Company Profile

At Krosfit, our roots are laid out by 50+ years of professional experience into manufacturing of Gym and Fitness Equipment. Being in the industry for three generations, we have striven hard to develop and perfect our products in India which are innovatively designed to suit the local conditions, delivering optimum results. Most of our products are designed, developed and manufactured in India pursuing the vision of "Make in India" to drive the economic growth of our Nation.

We at KROSFIT are on a mission to market premium quality sports and fitness equipment at most economical prices. We have a dedicated marketing team to understand real-time customer requirement and ensure that our product range meet their expectations. Led by technocrats and market experts, Krosfit is here to make a revolution in sports and fitness segment.

Vision : To be a globally respected name for one-stop-solution of sports and fitness needs, delivering high quality range of goods at economical prices ensuring customer satisfaction.

Mission : To deliver quality and service in a transparent ecosystem of fairness, honesty and integrity towards our customers, employees and vendors.

Values : We strongly believe in the values of **FIT** which gives us encouragement and direction to become the benchmark in manufacturing and trading of sports and fitness equipment.

FAIRNESS F : To be objective, fair and transaction oriented to ensure trust and respect.

INTEGRITY I : To be honest and ethical with all our stakeholders.

TRANSPARENCY T : To create an open and transparent system for all transactions.



AIR BIKE ACTIVE

- Ideal for total body workouts, elliptical workout and upper body workouts.
- Dual direction movement of handles.
- Tension can be adjusted with a resistance knob for effective result.
- Seat adjustment can be done for better comfort.
- Specially Designed Fan Wheel to provide automatic resistance.
- Digital display tracks time, speed, distance & calories.
- Maximum user weight is 100 kgs.
- Standard Packing 1 pc. per carton.



KF-BAA01



AIR BIKE ACTIVE PLUS

- Ideal for total body workouts, elliptical workout and upper body workouts.
- Dual direction movement of handles.
- Tension can be adjusted with a resistance knob for effective result.
- Equipped with Backrest for better support.
- Seat adjustment can be done for better comfort.
- Specially Designed Fan Wheel to provide automatic resistance.
- Digital display tracks time, speed, distance & calories.
- Steel twister attached to make it a perfect 2 in 1 Exercising Machine.
- Maximum user weight is 100 kgs.
- Standard Packing 1 pc. per carton.

KF-BAA02/

| | |
|------------|------------------------------------|
| KF-BAA02/B | AIR BIKE ACTIVE PLUS (W/ BACKREST) |
| KF-BAA02/D | AIR BIKE ACTIVE PLUS DUO |



TECHDOST

FLAIR BIKE

- Ideal for Cardiovascular workout.
- Adjustable Handle & Seat for better comfort.
- Unique sturdy steel frame design – best for home use.
- Digital display tracks time, speed, distance & calories.
- Maximum user weight is 100 kgs.
- Standard Packing 1 pc. per carton.



KF-BFB01

FLAIR BIKE PLUS

- Ideal for Cardiovascular workout.
- Adjustable Handle & Seat for better comfort.
- Unique sturdy steel frame design – best for home use.
- Digital display tracks time, speed, distance & calories.
- Equipped with premium seat & back-rest to provide adequate comfort & support.
- Flap Pedals for maximum grip while cycling.
- Maximum user weight is 100 kgs.
- Standard Packing 1 pc. per carton.



KF-BFB02



REGULAR FLAT BENCH

- Most commonly used Utility bench in 2"x2" Square Pipe.
- Easy to move stylish and sturdy design.
- Powder coated frames avoid rust.
- Padded cushioned seat makes it comfortable to exercise.
- Ideal for light-medium workout sessions.
- Standard Packing 1 pc. per carton.



KF-WBR01

EVO SIT UP BENCH

- Stylish Sit-Up Bench in 2"x2" Square Pipe.
- Ideal for core muscle exercises.
- Powder coated frames avoid rust.
- Padded cushioned seats and foam rolls makes it comfortable to exercise.
- Best way to build strong and defined abdominal muscle.
- Standard Packing 1 pc. per carton.



KE-WEB01



TECHDOST

KF-WSB01

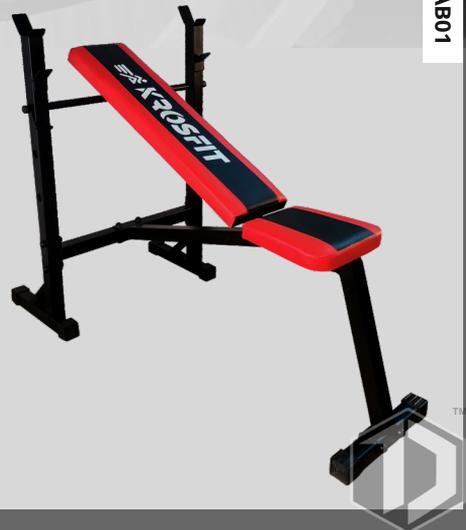
STAR ADJUSTABLE BENCH



- All-purpose Adjustable Incline - Decline Bench for carrying out dozens of workout sessions.
- Adjustable to five positions (-10, 0, 15, 30, and 45 degrees) to provide distinctive and effective cardiovascular and weight training exercises.
- Powder coated frames avoid rust.
- Padded cushioned seat and foam rolls makes it comfortable to exercise.
- Stabilizer levelers provide stable base on almost any type of flooring design.
- Maximum user weight is 110 Kgs.

AERO 3 IN 1 BENCH

- Stylish Weight lifting bench in 2"x2" Square Pipe equipped for workout with rods.
- Adjustable bench with Incline, Decline and Flat positions.
- Powder coated frames avoid rust.
- Padded cushioned seat and foam rolls makes it comfortable to exercise.
- Maximum user weight is 120 Kgs.
- Standard Packing 1 pc. per carton.



KF-WAB01

PRIME 5 IN 1 BENCH

- Stylish Weight lifting bench in 2"x2" Square Pipe equipped for workout with rods.
- Adjustable bench with Incline, Decline and Flat positions.
- Equipped with Leg Curl and Leg Extension to carry out lower body workout.
- Powder coated frames avoid rust.
- Padded cushioned seat and foam rolls makes it comfortable to exercise.
- Maximum user weight is 130 Kgs.
- Standard Packing 1 pc. per carton.



KE-WPB01

MAGNUM 6 IN 1 BENCH

- Stylish Weight lifting bench in 2"x2" Square Pipe equipped for workout with rods.
- Adjustable bench with Incline, Decline and Flat positions.
- Equipped with Leg Curl and Leg Extension to carry out lower body workout.
- Additional PEC FLY Feature for carrying out complete upper body training sessions.
- Powder coated frames avoid rust.
- Padded cushioned seat and foam rolls makes it comfortable to exercise.
- Maximum user weight is 130 Kgs.
- Standard Packing 1 pc. per carton.



KE-WMB01



TECHDOST

KF-WEB02

ELITE MULTI BENCH



- Stylish Weight lifting bench in 2"x2" Square Pipe equipped for workout with rods.
- Adjustable bench with Incline, Decline and Flat positions.
- Equipped with Leg Curl and Leg Extension to carry out lower body workout.
- PEC FLY Feature for carrying out complete upper body training sessions.
- Additional Preacher Curl cushion to carry out multi weight arm exercises and Ab toning.
- Powder coated frames avoid rust.
- Padded cushioned seat and foam rolls makes it comfortable to exercise.
- Maximum user weight is 130 Kgs.
- Standard Packing 1 pc. per carton.

KF-WM/P01

MAC AB PRO

- With Adjustable 6 Levels, an ideal solution for Ab workout.
- Easy to move stylish and sturdy design with heavy duty frame.
- Handle Movement on Bearings.
- Ideal for building core muscles.
- Powder coated frames avoid rust.
- Padded cushioned seat and foam rolls makes it comfortable to exercise.
- Maximum user weight is 110 Kgs.
- Standard Packing 1 pc. per carton.



SUPREMO 10 IN 1 BENCH

- Stylish 10 in 1 Multi-Exercise bench in 2"x 2" pipe frame, a complete solution for full body workout at home.
- Ideal workout for Flat, Incline, Decline, Leg Curl, Leg Extension, Lat Pull Down, Rowing, Chest Press, Butterfly and Dips.
- Powder coated frames avoid rust.
- Padded cushioned seat and foam rolls makes it comfortable to exercise.
- Maximum user weight is 130 Kgs.
- Standard Packing 1 pc. per carton.



KF-WSB02



HOME GYM CLASSIC

- All in one machine designed for high performance complete workout sessions.
- Ideal for home use with more than 15 exercise options.
- Space-saving and easy to use design.
- Equipped with PVC Weight stack of 60 kgs.
- Standard packing 1 pc. per carton.



KF-HGC

HOME GYM ULTRA

- All in one machine designed for high performance complete workout sessions.
- Ideal for home use with more than 20 exercise options.
- Space-saving and easy to use design.
- Equipped with PVC Weight stack of 60 kgs.
- Standard packing 1 pc. per carton.



KF-HGU

MOONWALKER ROLLER JOGGER

KF-RMW01

- Ideal Manual Roller Jogger for Home-use with Foldable Space Saving Design.
- Belt Running surface -16" x 48".
- Equipped with all Steel Rollers w/ Bearings for smooth running experience.
- Heavy duty frame with sturdy structure.
- Digital Display: Scan, Time, Speed, Distance, Calories.
- Hand Pulse (Optional).
- Maximum user weight is 110 Kgs.
- Standard Packing 1 pc. per carton.



MOONWALKER 4 IN 1 ROLLER JOGGER

KF-RMW02



- 4 in 1 Manual Roller Jogger for Home-use with Foldable Space Saving Design.
- Jogger, Stepper, Twister & Dip Stand all in one.
- Belt Running surface -16" x 48".
- Smooth hydraulic cylinders for stepper.
- Steel twister.
- Equipped with all Steel Rollers w/ Bearings for smooth running experience.
- Heavy duty frame with sturdy structure.
- Digital Display: Scan, Time, Speed, Distance, Calories.
- Hand Pulse (Optional).
- Maximum user weight is 110 Kgs.
- Standard Packing 1 pc. per carton.



DREAMLINER SEMI COMMERCIAL

- Semi-Commercial Roller Jogger with Foldable Space Saving Design.
- Belt Running surface -16" x 48".
- Equipped with all Steel Rollers w/ Bearings for smooth running experience.
- Heavy duty frame with sturdy structure.
- Digital Display: Scan, Time, Speed, Distance, Calories.
- Hand Pulse (Optional).
- Maximum user weight is 130 Kgs.
- Standard Packing 1 pc. per carton.



KE-RDC01



HEX DUMBBELLS

- Low odour rubber coated material on solid high-quality cast-iron construction.
- Hexagon shaped ends prevent rolling for safety and easy storage.
- 0% sand mixing in rubber.
- Shining chrome plated knurled handles for maximum grip.
- Perfect for isolations, full body, functional and HIIT workouts.
- Sold in pairs.
- Packing in brown box.



| SKU | VARIANT |
|-------------|-----------|
| KF-DHX/2.5 | 2.5 kgs. |
| KF-DHX/5 | 5 kgs. |
| KF-DHX/7.5 | 7.5 kgs. |
| KF-DHX/10 | 10 kgs. |
| KF-DHX/12.5 | 12.5 kgs. |
| KF-DHX/15 | 15 kgs. |
| KF-DHX/20 | 20 kgs. |
| KF-DHX/25 | 25 kgs. |
| KF-DHX/30 | 30 kgs. |
| KF-DHX/35 | 35 kgs. |
| KF-DHX/40 | 40 kgs. |

KF-DHX/

BOUNCER DUMBBELLS

- Low odour rubber coated material on solid high-quality cast-iron construction.
- Round shaped ends with plenty surface area to comfortably place your hands underneath for dumbbell workouts.
- 0% sand mixing in rubber.
- Colored PVC label on sides of dumbbell.
- Shining chrome plated knurled handles for maximum grip.
- Perfect for isolations, full body, functional and HIIT workouts.
- Sold in Pairs. Packing in a brown box.



| SKU | VARIANT |
|-------------|-----------|
| KF-DBR/2.5 | 2.5 kgs. |
| KF-DBR/5 | 5 kgs. |
| KF-DBR/7.5 | 7.5 kgs. |
| KF-DBR/10 | 10 kgs. |
| KF-DBR/12.5 | 12.5 kgs. |
| KF-DBR/15 | 15 kgs. |
| KF-DBR/17.5 | 17.5 kgs. |
| KF-DBR/20 | 20 kgs. |
| KF-DBR/25 | 25 kgs. |
| KF-DBR/30 | 30 kgs. |
| KF-DBR/35 | 35 kgs. |
| KF-DBR/40 | 40 kgs. |
| KF-DBR/45 | 45 kgs. |

KF-DBR/

KF-DTG/
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TRIANGULAR DUMBBELLS

- Low odour rubber coated material on solid high-quality cast-iron construction.
- Super fine bouncer rubber dumbbells with stylish triangular design.
- Round shaped ends with plenty surface area to comfortably place your hands underneath for dumbbell workouts.
- 0% sand mixing in rubber.
- Designer rubber label on sides of dumbbell.
- Shining chrome plated knurled handles for maximum grip.
- Perfect for isolations, full body, functional and HIIT workouts.
- Sold in Pairs. Packing in a brown box.



| SKU | VARIANT |
|-------------|-----------|
| KF-DTG/2.5 | 2.5 kgs. |
| KF-DTG/5 | 5 kgs. |
| KF-DTG/7.5 | 7.5 kgs. |
| KF-DTG/10 | 10 kgs. |
| KF-DTG/12.5 | 12.5 kgs. |
| KF-DTG/15 | 15 kgs. |
| KF-DTG/20 | 20 kgs. |
| KF-DTG/25 | 25 kgs. |
| KF-DTG/30 | 30 kgs. |
| KF-DTG/35 | 35 kgs. |
| KF-DTG/40 | 40 kgs. |

KF-DSC/
/

STEEL CHROME DUMBBELLS

| SKU | VARIANT |
|-------------|-----------|
| KF-DSC/2 | 2 kgs. |
| KF-DSC/3 | 3 kgs. |
| KF-DSC/4 | 4 kgs. |
| KF-DSC/5 | 5 kgs. |
| KF-DSC/6 | 6 kgs. |
| KF-DSC/7.5 | 7.5 kgs. |
| KF-DSC/10 | 10 kgs. |
| KF-DSC/12.5 | 12.5 kgs. |
| KF-DSC/15 | 15 kgs. |
| KF-DSC/17.5 | 17.5 kgs. |
| KF-DSC/20 | 20 kgs. |
| KF-DSC/22.5 | 22.5 kgs. |
| KF-DSC/25 | 25 kgs. |

- Solid Steel Dumbbell comes in shining chrome plated finish.
- Fine grained handles for maximum grip and support.
- Perfect for isolations, full body, functional and HIIT workouts.
- Sold in Pairs. Packing in a brown box.



SOLID RUBBER DUMBBELLS

- Solid Rubber Dumbbell comes in a polished matte black finish.
- Economical for day to day use.
- Perfect for isolations, full body, functional and HIIT workouts.
- Sold in Pairs. Packing in a brown box.



| SKU | VARIANT |
|------------|----------|
| KF-DSR/1 | 1 kgs. |
| KF-DSR/1.5 | 1.5 kgs. |
| KF-DSR/2 | 2 kgs. |
| KF-DSR/2.5 | 2.5 kgs. |
| KF-DSR/3 | 3 kgs. |
| KF-DSR/4 | 4 kgs. |
| KF-DSR/5 | 5 kgs. |
| KF-DSR/6 | 6 kgs. |
| KF-DSR/7 | 7 kgs. |
| KF-DSR/7.5 | 7.5 kgs. |
| KF-DSR/8 | 8 kgs. |
| KF-DSR/10 | 10 kgs. |

KF-DSR/
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3 CUT RUBBER COATED IRON PLATE

- 3 cut design rubber coated weight plates with aluminum ring in middle.
- Low odour rubber coated material on solid high-quality cast-iron construction.
- 0% sand mixing in rubber.
- Sold in Pairs. Packing in a brown box.

KF-WPC-3C/



| SKU | BORE SIZE | VARIANT |
|------------------|-----------|----------|
| KF-WPC-3C/28/2.5 | 28 MM | 2.5 kgs. |
| KF-WPC-3C/28/5 | 28 MM | 5 kgs. |
| KF-WPC-3C/28/7.5 | 28 MM | 15 kgs. |
| KF-WPC-3C/28/10 | 28 MM | 20 kgs. |
| KF-WPC-3C/28/15 | 28 MM | 25 kgs. |
| KF-WPC-3C/28/20 | 50 MM | 2.5 kgs. |
| KF-WPC-3C/28/25 | 50 MM | 5 kgs. |
| KF-WPC-3C/50/2.5 | 50 MM | 7.5 kgs. |
| KF-WPC-3C/50/5 | 50 MM | 10 kgs. |
| KF-WPC-3C/50/7.5 | 50 MM | 15 kgs. |
| KF-WPC-3C/50/10 | 50 MM | 20 kgs. |
| KF-WPC-3C/50/15 | 50 MM | 25 kgs. |
| KF-WPC-3C/50/20 | 50 MM | 28 MM |
| KF-WPC-3C/50/25 | 50 MM | 28 MM |

TRIANGULAR RUBBER COATED IRON PLATE

KF-WPC-TG/

- Triangular design rubber coated weight plates with aluminum ring in middle.
- Low odour rubber coated material on solid high-quality cast-iron construction.
- 0% sand mixing in rubber.
- Sold in Pairs. Packing in a brown box.

| SKU | BORE SIZE | VARIANT |
|------------------|-----------|----------|
| KF-WPC-TG/28/2.5 | 28 MM | 2.5 kgs. |
| KF-WPC-TG/28/5 | 28 MM | 5 kgs. |
| KF-WPC-TG/28/7.5 | 28 MM | 7.5 kgs. |
| KF-WPC-TG/28/10 | 28 MM | 10 kgs. |
| KF-WPC-TG/28/15 | 28 MM | 15 kgs. |
| KF-WPC-TG/28/20 | 28 MM | 20 kgs. |
| KF-WPC-TG/28/25 | 28 MM | 25 kgs. |
| KF-WPC-TG/50/2.5 | 50 MM | 2.5 kgs. |
| KF-WPC-TG/50/5 | 50 MM | 5 kgs. |
| KF-WPC-TG/50/7.5 | 50 MM | 7.5 kgs. |
| KF-WPC-TG/50/10 | 50 MM | 10 kgs. |
| KF-WPC-TG/50/15 | 50 MM | 15 kgs. |
| KF-WPC-TG/50/20 | 50 MM | 20 kgs. |
| KF-WPC-TG/50/25 | 50 MM | 25 kgs. |



SPIN TYPE RUBBER COATED IRON PLATE

- Spin type design rubber coated weight plates with aluminum ring in middle.
- Low odour rubber coated material on solid high-quality cast-iron construction.
- 0% sand mixing in rubber.
- Sold in Pairs. Packing in a brown box.



| SKU | BORE SIZE | VARIANT |
|------------------|-----------|----------|
| KF-WPC-ST/28/2.5 | 28 MM | 2.5 kgs. |
| KF-WPC-ST/28/5 | 28 MM | 5 kgs. |
| KF-WPC-ST/28/7.5 | 28 MM | 7.5 kgs. |
| KF-WPC-ST/28/10 | 28 MM | 10 kgs. |
| KF-WPC-ST/28/15 | 28 MM | 15 kgs. |
| KF-WPC-ST/28/20 | 28 MM | 20 kgs. |
| KF-WPC-ST/28/25 | 28 MM | 25 kgs. |
| KF-WPC-ST/50/2.5 | 50 MM | 2.5 kgs. |
| KF-WPC-ST/50/5 | 50 MM | 5 kgs. |
| KF-WPC-ST/50/7.5 | 50 MM | 7.5 kgs. |
| KF-WPC-ST/50/10 | 50 MM | 10 kgs. |
| KF-WPC-ST/50/15 | 50 MM | 15 kgs. |
| KF-WPC-ST/50/20 | 50 MM | 20 kgs. |
| KF-WPC-ST/50/25 | 50 MM | 25 kgs. |

KF-WPC-ST/

7 HOLE RUBBER COATED IRON PLATE

- 7-hole design rubber coated weight plates with aluminum ring in middle.
- Low odour rubber coated material on solid high-quality cast-iron construction.
- 0% sand mixing in rubber.
- Sold in Pairs. Packing in a brown box.



| SKU | BORE SIZE | VARIANT |
|------------------|-----------|----------|
| KF-WPC-7H/28/2.5 | 28 MM | 2.5 kgs. |
| KF-WPC-7H/28/5 | 28 MM | 5 kgs. |
| KF-WPC-7H/28/7.5 | 28 MM | 7.5 kgs. |
| KF-WPC-7H/28/10 | 28 MM | 10 kgs. |
| KF-WPC-7H/28/15 | 28 MM | 15 kgs. |
| KF-WPC-7H/28/20 | 28 MM | 20 kgs. |
| KF-WPC-7H/28/25 | 28 MM | 25 kgs. |
| KF-WPC-7H/50/2.5 | 50 MM | 2.5 kgs. |
| KF-WPC-7H/50/5 | 50 MM | 5 kgs. |
| KF-WPC-7H/50/7.5 | 50 MM | 7.5 kgs. |
| KF-WPC-7H/50/10 | 50 MM | 10 kgs. |
| KF-WPC-7H/50/15 | 50 MM | 15 kgs. |
| KF-WPC-7H/50/20 | 50 MM | 20 kgs. |
| KF-WPC-7H/50/25 | 50 MM | 25 kgs. |

KF-WPC-7H/

4 CUT RUBBER COATED IRON PLATE

- 4 cut design rubber coated weight plates with aluminum ring in middle.
- Low odour rubber coated material on solid high-quality cast-iron construction.
- 0% sand mixing in rubber.
- Sold in Pairs. Packing in a brown box.



| SKU | BORE SIZE | VARIANT |
|------------------|-----------|----------|
| KF-WPC-4C/50/2.5 | 50 MM | 2.5 kgs. |
| KF-WPC-4C/50/5 | 50 MM | 5 kgs. |
| KF-WPC-4C/50/7.5 | 50 MM | 7.5 kgs. |
| KF-WPC-4C/50/10 | 50 MM | 10 kgs. |
| KF-WPC-4C/50/15 | 50 MM | 15 kgs. |
| KF-WPC-4C/50/20 | 50 MM | 20 kgs. |
| KF-WPC-4C/50/25 | 50 MM | 25 kgs. |

KF-WPC-4C/



TECHDOST

A-TYPE RUBBER COATED IRON PLATE

KF-WPC-AT/

- A-Type design rubber coated weight plates with aluminum ring in middle.
- Low odour rubber coated material on solid high-quality cast-iron construction.
- 0% sand mixing in rubber.
- Sold in Pairs. Packing in a brown box.



| SKU | BORE SIZE | VARIANT |
|------------------|-----------|----------|
| KF-WPC-AT/50/2.5 | 50 MM | 2.5 kgs. |
| KF-WPC-AT/50/5 | 50 MM | 5 kgs. |
| KF-WPC-AT/50/7.5 | 50 MM | 7.5 kgs. |
| KF-WPC-AT/50/10 | 50 MM | 10 kgs. |
| KF-WPC-AT/50/15 | 50 MM | 15 kgs. |
| KF-WPC-AT/50/20 | 50 MM | 20 kgs. |
| KF-WPC-AT/50/25 | 50 MM | 25 kgs. |

STEEL CHROME PLATES

KF-WPC-SC/

- Solid Steel Plates comes in shinning chrome plated finish.
- Sold in Pairs Packing in a brown box.



| SKU | BORE SIZE | VARIANT |
|-------------------|-----------|-----------|
| KF-WPC-SC/28/2 | 28 MM | 2 kgs. |
| KF-WPC-SC/28/3 | 28 MM | 3 kgs. |
| KF-WPC-SC/28/4 | 28 MM | 4 kgs. |
| KF-WPC-SC/28/5 | 28 MM | 5 kgs. |
| KF-WPC-SC/28/6 | 28 MM | 6 kgs. |
| KF-WPC-SC/28/7.5 | 28 MM | 7.5 kgs. |
| KF-WPC-SC/28/10 | 28 MM | 10 kgs. |
| KF-WPC-SC/28/12.5 | 28 MM | 12.5 kgs. |
| KF-WPC-SC/28/15 | 28 MM | 15 kgs. |
| KF-WPC-SC/28/17.5 | 28 MM | 17.5 kgs. |
| KF-WPC-SC/28/20 | 28 MM | 20 kgs. |
| KF-WPC-SC/28/22.5 | 28 MM | 22.5 kgs. |
| KF-WPC-SC/28/25 | 28 MM | 25 kgs. |

SOLID RUBBER PLATES BLACK

KF-WPC-SR/

- Solid Rubber plates comes in a polished matte black finish.
- Economical for day to day use.
- Sold in Pairs. Packing in a brown box.



| SKU | BORE SIZE | VARIANT |
|-------------------|-----------|-----------|
| KF-WPC-SR/28/1 | 28 MM | 1 kgs. |
| KF-WPC-SR/28/1.5 | 28 MM | 1.5 kgs. |
| KF-WPC-SR/28/2 | 28 MM | 2 kgs. |
| KF-WPC-SR/28/2.5 | 28 MM | 2.5 kgs. |
| KF-WPC-SR/28/3 | 28 MM | 3 kgs. |
| KF-WPC-SR/28/4 | 28 MM | 4 kgs. |
| KF-WPC-SR/28/5 | 28 MM | 5 kgs. |
| KF-WPC-SR/28/7.5 | 28 MM | 7.5 kgs. |
| KF-WPC-SR/28/10 | 28 MM | 10 kgs. |
| KF-WPC-SR/28/12.5 | 28 MM | 12.5 kgs. |
| KF-WPC-SR/28/15 | 28 MM | 15 kgs. |
| KF-WPC-SR/28/20 | 28 MM | 20 kgs. |
| KF-WPC-SR/28/25 | 28 MM | 22.5 kgs. |
| KF-WPC-SR/50/2.5 | 50 MM | 2.5 kgs. |
| KF-WPC-SR/50/5 | 50 MM | 5 kgs. |
| KF-WPC-SR/50/7.5 | 50 MM | 7.5 kgs. |
| KF-WPC-SR/50/10 | 50 MM | 10 kgs. |
| KF-WPC-SR/50/12.5 | 50 MM | 12.5 kgs. |
| KF-WPC-SR/50/15 | 50 MM | 15 kgs. |
| KF-WPC-SR/50/20 | 50 MM | 20 kgs. |
| KF-WPC-SR/50/25 | 50 MM | 25 kgs. |

PLAIN RODS

- Cast iron rods comes in shining chrome plated finish.
- Suitable to lift regular weight plates.
- Collars sold separately.



| SKU | THICKNESS | LENGTH |
|----------------|-----------|--------|
| KF-RCR-PR/23/3 | 23 MM | 3' |
| KF-RCR-PR/23/4 | 23 MM | 4' |
| KF-RCR-PR/23/5 | 23 MM | 5' |
| KF-RCR-PR/23/6 | 23 MM | 6' |
| KF-RCR-PR/25/3 | 25 MM | 3' |
| KF-RCR-PR/25/4 | 25 MM | 4' |
| KF-RCR-PR/25/5 | 25 MM | 5' |
| KF-RCR-PR/25/6 | 25 MM | 6' |
| KF-RCR-PR/28/3 | 28 MM | 3' |
| KF-RCR-PR/28/4 | 28 MM | 4' |
| KF-RCR-PR/28/5 | 28 MM | 5' |
| KF-RCR-PR/28/6 | 28 MM | 6' |
| KF-RCR-PR/28/7 | 28 MM | 7' |

KF-RCR-PR/

THREADED RODS

- Cast iron rods comes in shining chrome plated finish.
- Suitable to lift regular weight plates with threads on both sides.
- Thickness Available: 23 mm (w/ hex nuts & regular thread), 25 mm & 28 mm (w/star collars and thick thread).



| SKU | THICKNESS | LENGTH |
|----------------|-----------|--------|
| KF-RCR-TR/23/3 | 23 MM | 3' |
| KF-RCR-TR/23/4 | 23 MM | 4' |
| KF-RCR-TR/23/5 | 23 MM | 5' |
| KF-RCR-TR/23/6 | 23 MM | 6' |
| KF-RCR-TR/25/3 | 25 MM | 3' |
| KF-RCR-TR/25/4 | 25 MM | 4' |
| KF-RCR-TR/25/5 | 25 MM | 5' |
| KF-RCR-TR/25/6 | 25 MM | 6' |
| KF-RCR-TR/28/3 | 28 MM | 3' |
| KF-RCR-TR/28/4 | 28 MM | 4' |
| KF-RCR-TR/28/5 | 28 MM | 5' |
| KF-RCR-TR/28/6 | 28 MM | 6' |
| KF-RCR-TR/28/7 | 28 MM | 7' |

KF-RCR-TR/

OLYMPIC RODS

- 50 mm cast iron rods come in shining chrome plated finish.
- Suitable to lift heavy weight plates.
- Collars sold separately.



| SKU | THICKNESS | LENGTH |
|----------------|-----------|--------|
| KF-RCR-OR/50/3 | 50 MM | 3' |
| KF-RCR-OR/50/4 | 50 MM | 4' |
| KF-RCR-OR/50/5 | 50 MM | 5' |
| KF-RCR-OR/50/6 | 50 MM | 6' |
| KF-RCR-OR/50/7 | 50 MM | 7' |

KF-RCR-OR/



TECHDOST

KF-RCR-PCR/

PLAIN CURLING RODS

- Cast iron plain curl rods comes in shining chrome plated finish.
- Suitable to lift regular weight plates.



| SKU | THICKNESS | LENGTH |
|-----------------|-----------|--------|
| KF-RCR-PCR/23/3 | 23 MM | 3' |
| KF-RCR-PCR/23/4 | 23 MM | 4' |
| KF-RCR-PCR/23/5 | 23 MM | 5' |
| KF-RCR-PCR/25/3 | 25 MM | 3' |
| KF-RCR-PCR/25/4 | 25 MM | 4' |
| KF-RCR-PCR/25/5 | 25 MM | 5' |
| KF-RCR-PCR/28/3 | 28 MM | 3' |
| KF-RCR-PCR/28/4 | 28 MM | 4' |
| KF-RCR-PCR/28/5 | 28 MM | 5' |

THREADED CURLING RODS

- Cast iron curl rods comes in shining chrome plated finish.
- Suitable to lift regular weight plates with threads on both sides.
- Thickness Available: 23 mm (w/ hex nuts & regular thread), 25 mm & 28 mm (w/star collars and thick thread).



| SKU | THICKNESS | LENGTH |
|-----------------|-----------|--------|
| KF-RCR-TCR/23/3 | 23 MM | 3' |
| KF-RCR-TCR/23/4 | 23 MM | 3' |
| KF-RCR-TCR/23/5 | 23 MM | 3' |
| KF-RCR-TCR/25/3 | 25 MM | 3' |
| KF-RCR-TCR/25/4 | 25 MM | 3' |
| KF-RCR-TCR/25/5 | 25 MM | 3' |
| KF-RCR-TCR/28/3 | 28 MM | 3' |
| KF-RCR-TCR/28/4 | 28 MM | 3' |
| KF-RCR-TCR/28/5 | 28 MM | 3' |

KF-RCR-TCR/

OLYMPIC CURLING ROD

- 50 mm cast iron curl rods come in shining chrome plated finish.
- Suitable to lift heavy weight plates.
- Collars sold separately.



| SKU | THICKNESS | LENGTH |
|-----------------|-----------|--------|
| KF-RCR-OCR/50/3 | 50 MM | 3' |
| KF-RCR-OCR/50/4 | 50 MM | 4' |
| KF-RCR-OCR/50/5 | 50 MM | 5' |

KF-RCR-OCR/



ADJUSTABLE DUMBBELL RODS

- Cast iron rods comes in shining chrome plated finish.
- Suitable to lift regular weight plates with threads on both sides.
- Thickness Available: 23 mm (w/ hex nuts & regular thread), 28 mm (w/star collars and thick thread) and 50 mm (Olympic).

| SKU | THICKNESS | LENGTH |
|-----------------|-----------|--------|
| KF-RCR-AR/23/12 | 23 MM | 12" |
| KF-RCR-AR/23/14 | 23 MM | 14" |
| KF-RCR-AR/28/12 | 28 MM | 12" |
| KF-RCR-AR/28/14 | 28 MM | 14" |
| KF-RCR-AR/50/18 | 50 MM | 18" |



KF-RCR-AR/

FIXED WEIGHT STRAIGHT RODS

- Fixed rubber molded weights attached on both sides for ease of use.
- Cast iron straight rods comes in shining chrome plated finish.

| SKU | VARIANT |
|----------------|-----------|
| KF-RCR-FS/5 | 5 kgs. |
| KF-RCR-FS/7.5 | 7.5 kgs. |
| KF-RCR-FS/10 | 10 kgs. |
| KF-RCR-FS/12.5 | 12.5 kgs. |
| KF-RCR-FS/15 | 15 kgs. |
| KF-RCR-FS/20 | 20 kgs. |
| KF-RCR-FS/25 | 25 kgs. |
| KF-RCR-FS/30 | 30 kgs. |
| KF-RCR-FS/35 | 35 kgs. |
| KF-RCR-FS/40 | 40 kgs. |



KF-RCR-FS/

FIXED WEIGHT CURL RODS

- Fixed rubber molded weights attached on both sides for ease of use.
- Cast iron curl rods comes in shining chrome plated finish.

| SKU | VARIANT |
|----------------|-----------|
| KF-RCR-FC/5 | 5 kgs. |
| KF-RCR-FC/7.5 | 7.5 kgs. |
| KF-RCR-FC/10 | 10 kgs. |
| KF-RCR-FC/12.5 | 12.5 kgs. |
| KF-RCR-FC/15 | 15 kgs. |
| KF-RCR-FC/20 | 20 kgs. |
| KF-RCR-FC/25 | 25 kgs. |
| KF-RCR-FC/30 | 30 kgs. |
| KF-RCR-FC/35 | 35 kgs. |
| KF-RCR-FC/40 | 40 kgs. |



KF-RCR-FC/

OLYMPIC BARBELL SET - COLOURED

- Weight lifting barbell set made in different weight categories for competitions.
- High grade steel rod with colored rubber coated steel plates along with cast iron collars.
- Standard size available in 140 kgs & 190 kgs, customized as per requirement.

KF-RCR-BS/
↓



| SKU | VARIANT | ROD | 2.5 KG | 5 KG | 7.5 KG | 10 KG | 15 KG | 20 KG | 25 KG | TOTAL |
|---------------|---------|------|--------|-------|--------|-------|-------|-------|-------|--------|
| KF-RCR-BS/140 | 140 KG | 1 | 2 | 2 | - | 2 | 2 | - | 2 | QTY |
| | | 25KG | 5 KG | 10 KG | - | 20 KG | 30 KG | - | 50 KG | WEIGHT |

| SKU | VARIANT | ROD | 2.5 KG | 5 KG | 7.5 KG | 10 KG | 15 KG | 20 KG | 25 KG | TOTAL |
|---------------|---------|------|--------|-------|--------|-------|-------|-------|-------|--------|
| KF-RCR-BS/190 | 190 KG | 1 | - | 2 | 2 | 2 | 2 | 2 | 2 | QTY |
| | | 25KG | - | 10 KG | 15 KG | 20 KG | 30 KG | 40 KG | 50 KG | WEIGHT |



SPRING COLLARS 28 MM

- Made with premium quality-steel construction designed to deliver a sturdy and tight hold for your weight bars.

KF-RCR/SC/28



COLLAR LOCK 28 MM

- Made with premium quality-steel construction designed to deliver a sturdy and tight hold for your weight bars.

KF-RCR/CL/28



CI COLLAR 50 MM

- Made with red color coated cast iron to deliver a sturdy and tight hold for your weight bars.
- Strong enough to hold heavier weights for a more efficient workout routine.

KF-RCR/CC/50



SPRING COLLARS 50 MM

- Made with premium quality-steel construction designed to deliver a sturdy and tight hold for your weight bars.
- Strong enough to hold heavier weights for a more efficient workout routine.

KF-RCR/SC/50



CI COLLAR BROAD 50 MM

- Olympic Type solid red color coated cast iron to deliver a sturdy and tight hold for your weight bars.
- Strong enough to hold heavier weights for a more efficient workout routine.

KF-RCR/CCB/50

